

## Internship Admissions, Support, and Initial Placement Data

Program information last updated on August 28, 2024.

### Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?

Yes or No: **Yes**

**If yes, provide website link (or content from brochure) where this specific information is presented:**

Applicants must come from an American Psychological Association accredited PhD or PsyD program in Clinical or Counseling Psychology (including combined programs combining school psychology with clinical and/or counseling psychology). Applicants applying to Army Internship Programs must meet basic entrance qualification standards established by the Department of Defense and the United States Army in order to join Army as an active duty commissioned officer.

The Womack Army Medical Center (WAMC) Clinical Psychology Internship Program (CPIP) is a doctoral training program located at Fort Liberty (formerly Fort Bragg), North Carolina, the Home of The Airborne and Special Operations Forces. The primary aim of the training program is to produce highly qualified, resourceful, and autonomous psychologists. Our aim is to nurture the mastery of profession-wide competencies and facilitate the development of a professional identity that will serve as a solid basis for an Army career. A Practitioner-Scholar model guides Internship training at WAMC, with an emphasis on clinical practice informed and validated by empirical research.

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Our approach espouses the premise that training should be directly related to career outcomes, and our Interns are therefore prepared for the dual career of Army clinical psychologist and military Officer. Day-to-day training prioritizes improving clinical expertise and familiarity with evidence-based practices. Research and intervention are viewed as interlocking competencies that form the foundation of psychological knowledge and practice. Our approach to training emphasizes the practice of clinical psychology in a manner informed by psychological theory and research. WAMC CPIP rotations reflect the scope of practice of Army clinical psychologists. CPIP provides opportunities to develop skills of adult assessment, evidence-based psychotherapeutic interventions, and clinical consultation. Interns also receive training in cognitive assessment, psychological testing, health interventions, and military psychology. Our overall objective is for our Interns to gain competency in using an integrative approach to examination and intervention that emphasizes the science of psychology as the foundation of effective clinical

work. The aim of the CPIP is also to support the professional development of Army Officers by providing those skills necessary to perform satisfactorily wherever they are assigned after graduation.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If yes, indicate how many:

- Total Direct Contact Intervention Hours: **Yes; recommended 400 hours**
- Total Direct Contact Assessment Hours: **Yes; recommended 150 hours**

Describe any other required minimum criteria used to screen applicants:

The Army, Navy, and Air Force all offer APA-accredited clinical psychology doctoral internships. Applicants accepted to an internship with the Army, Navy or Air Force will also serve as active duty commissioned officers both during and after internship. Internship applicants must meet the basic entrance qualification standards established by the Department of Defense and each Service to serve as active duty commissioned officers. Applicants are required to process through a Recruiter in addition to submitting an application through the APPIC portal to each internship site. Applicants are highly encouraged to contact their nearest Health Care/Health Professions Officer Recruiter for the military Service to which they are applying prior to submitting the APPIC application, as it can be a lengthy process (see "Recruiters" section below). Ideally, applicants should initiate contact with a Recruiter six or more months in advance of each site's application deadline. However, if applicants are already within six months of the application deadline, they are still encouraged to apply. Application deadlines for each Service can be found in the APPIC Directory and on each program's web site listed below. Applicants may apply to internship sites from all military Services, but they must process through a Recruiter specific to the military Service to which they are applying (e.g., if an applicant is applying to all three military services, then the applicant must process through an Army Recruiter, a Navy Recruiter and an Air Force Recruiter). Recruiters assist in building a file on the applicant, which administratively goes before a Board for each Service. Applicants do not have to be in the military to apply for these internships. For civilian applicants, there is no military obligation unless an applicant matches with a military internship through the APPIC match. Students who are already enrolled in military psychology training programs, such as the Health Professions Scholarship Program (HPSP), are subject to the contracts they signed when they accepted their scholarships. HPSP students should refer to their individual Services regarding their military service obligations and internship application procedures. Army. To contact an Army Health Care (AMEDD) Recruiter, go to [www.goarmy.com](http://www.goarmy.com) or call 1-888-550- ARMY.